

AFTER YOUR CROWN OR BRIDGE PREPARATION APPOINTMENT

- Your gums may be sore for a few days.
- Slight cold or heat sensitivity is normal.
- Take Ibuprofen (Advil/Nuprin or generic) or Naproxen Sodium (Aleve) for discomfort. If you cannot take these medications, take Tylenol.
- Continue meticulous oral hygiene around your temporary crown. Flossing is very important, but pull floss down between the teeth then out to the side to avoid dislodging the temporary crown.
- Avoid hard or sticky foods and gum chewing.

Call the Office

- If you have aching beyond the first few days after your preparation appointment. Do not wait until your cement appointment to have this evaluated.
- If you have cold or hot sensitivity which is severe or lasts for more than a few seconds.
- If your temporary comes off, breaks or is loose. We need to re-cement it within a few days to prevent slight movement of your tooth.
- If the “bite” feels high.

At the Try-In/Cement Appointment

- You may wish to be numb if your tooth is sensitive to water or air.
- Your crown will only be cemented if the doctor is happy with the fit and shade. Occasionally laboratory adjustments are necessary requiring an additional appointment.